

## Kolhydratinnehåll i "Naturgodis"

### Torkad frukt i "yoghurt"



73 g kh/100g

### Nötter i "yoghurt"



48 g kh/100g

### Vetepuffar i "yoghurt"



63 g kh/100g

### Kanderade n~~ö~~ter



52 g kh/100g

### Cashewn~~ö~~ter



26 g kh/100g

### Jordn~~ö~~ter



10 g kh/100g

### Chilin~~ö~~ter



39 g kh/100g

### Japanmix



79 g kh/100 g

**Bananchips**



62 g kh/100g

**Wienermandel**



60 g kh/100g

**Giant corn**



74 g kh/100g

**Torkad frukt**



66 g kh/100 g

**Cashewnötter i choklad**



44 g kh/100g

**Rostade, saltade kikärtor**



28 g kh/100g

**Mandel i choklad**



38 g kh/100g

**Jordgubbskrisp**



64 g kh/100g